

September 2024



# PANTHER PRIDE

Pursuing Excellence Together



## DATES TO REMEMBER

- 9/13 High School Color Dance
- 9/14 Academic Saturday School
- 9/16 Early Release Day (2:21pm)
- 9/16 Movie Night in the Quad
- 9/23 Early Release Day (2:21pm)
- 9/23-28 Homecoming Week
- 9/25-26 Academic Conferences
- 9/28 High School Homecoming Dance
- 9/30 Early Release Day (2:21pm)
- 9/30-10/2 Freshman Trip
- 10/3 Financial Aid Night
- 10/7 Early Release Day (2:21pm)
- 10/7 Picture Retake Day
- 10/11 1st Quarter Ends





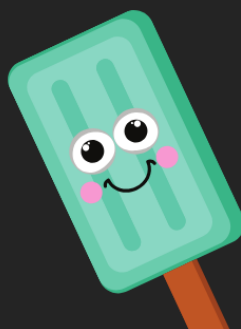


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## Junior High Social

Our Junior High students had a fantastic time at our Back to School Social.



## POPSICLE SOCIAL







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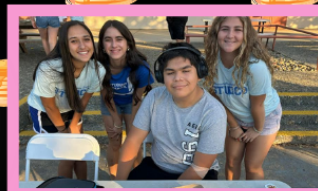
## STUDENT COUNCIL ORIENTATION

Prior to the beginning of the school year, the Student Council participated in an orientation session designed to equip them with leadership skills and strategies for effectively representing their peers.

The meeting covered topics such as communication, event planning, and responsibility within the school community. The council members are now prepared to take on their roles and contribute to the success of the upcoming school year.



## Pancake Breakfast

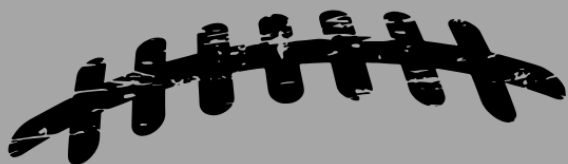






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## FOOTBALL

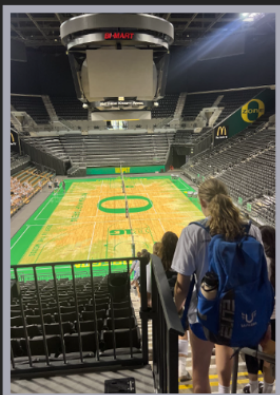


Panther Football is off to a great start this season, with big wins over Gridley and Corning on our new home turf.



## VOLLEYBALL

UPREP Volleyball went to Santa Barbara to play in the Bishop Diego Tournament. The Volleyball program attended the University of Oregon team camp in July. They got to work with college players and coaches. Players and coaches had an unforgettable experience!





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## CHEER



UPrep Cheer had a busy summer and are very excited to get this season started! In July, both the Varsity and JV cheer teams attended UCA Camp at Jessup University and they cleaned up winning most categories at their final day evaluations. Our teams started day one off with a bang and won the Top Banana award for spirit and teamwork. Overall, we had three cheerleaders, James Gurell, Cici Edwardson and Precious Lofton, recognized in a Pin it Forward ceremony for embodying all things cheerleading. The following cheerleaders earned the coveted All American Award: Kaly Hodayun, Precious Lofton, Maddison Lockhart, Katia Smith, Katie Spurr, Lauren Rudolph, Alana Parisot, Cici Edwardson, Jillian Peterson, and Reagan Letendre. After performing against other teams in their respective JV and Varsity divisions, our UPrep JV team took home two gold ribbons, a spirit stick, and three first place trophies. Our Varsity team came home with a spirit stick, one blue ribbon, one gold ribbon, two first place trophies and two second place trophies. The two teams together also brought home a St. Jude Spirit stick, honoring them for their fundraising efforts towards Varsity's philanthropy, St. Jude. Last but not least, they also brought home a Traditions award. This is a new award that honors teams that inspire leadership on and off the field. Finally, our teams had a youth clinic on August 24 and had a blast teaching and having fun with 8 - 14 local youths. We are amped for an amazing football and competition season! Go Panther Cheer!

## 2025 EAST COAST TRIP

The annual U-Prep East Coast trip is available for sign ups! This year's trip is June 2-8, 2025. We will tour Washington DC, Gettysburg, and New York City. Information was emailed home at the end of 7th grade. There is a link to sign up in that email. You can search for [Sbright@suhsd.net](mailto:Sbright@suhsd.net).

Another information meeting will be held in the near future. Keep an eye out for that invite if you would like to attend. Feel Free to email Mrs. Bright with any questions. [Sbright@suhsd.net](mailto:Sbright@suhsd.net)







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## University Preparatory School 2024-2025

### Academic School Year Calendar

July 24						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

20

September 24						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

18

January 25						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

20

February 25						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

20

May 25						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

1st Quarter Ends	October 11	42
1st Semester Ends	December 18	42
3rd Quarter Ends	March 21	48
2nd Semester Ends	May 29	43
<b>Student Attendance Days (175)</b>		
<b>Minimum Days</b>		
<b>Finals</b>		
<b>Academic Conferences</b>		

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October 24						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

15

November 24						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

15

March 25						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

21

June 25						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

August 24						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

13

December 24						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

13

April 25						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

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#### HOLIDAYS/RECESSES

Labor Day	Sep 2
Veteran's Day Holiday	Nov 11
(by law must be Nov 11 if a weekday)	
Thanksgiving Break	Nov 25-29
Winter Break	Dec 19-Jan 6
Martin Luther King Jr. Day	Jan 20
Washington Day Observed	Feb 17
Lincoln Day Observed	Feb 18
President's Week	Feb 17-21
Spring Break	April 14-18
Memorial Day	May 26
Juneteenth	June 13
Easter - April 20	
Thanksgiving - November 28	

#### CERTIFICATED DATES

School Starts:	August 14
School Ends:	May 29
Staff Work Days	August 13
	December 19
	May 30
	June 2
Staff Development Days	August 12
	January 6
Snow Day Makeup:	May 30
(If snow day makeup is used, then May 30	
work day will be moved to June 3)	



May 2024



# PANTHER PRIDE



California's Supplemental Nutrition Assistance Program (formerly known as Food Stamps)

## Do you need money for food?

**You may be eligible. Please call for assistance.**



- Application Assistance
- Eligibility Prescreen
- Appeals Assistance
- Required Verifications
- Interview Preparation
- Answers to Questions
- Helpful Materials
- Semi-Annual Reporting

People in Household*	Gross/Net Monthly Income	Maximum CalFresh Allotment
1	\$2,430/\$1,215	\$291
2	\$3,288/\$1,644	\$535
3	\$4,144/\$2,072	\$766
4	\$5,000/\$2,500	\$973
5	\$5,858/\$2,929	\$1,155
6	\$6,714/\$3,357	\$1,386
7	\$7,570/\$3,785	\$1,532
8	\$8,428/\$4,214	\$1,751
Each Additional Member	+\$858/\$429	+\$219

\*Household + a person living alone or a group of people living together (they do not have to be related) who buy food and make meals together.

**You could be eligible! Contact us today and we can help you apply!**



Stacy Franklin • (530) 605-2683  
[sfranklin@shastacoe.org](mailto:sfranklin@shastacoe.org)

Jilmarie Bentley • (530) 225-0182  
[jbentley@shastacoe.org](mailto:jbentley@shastacoe.org)

or log into: <http://www.norcalfresh.com>



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